

**Proceedings from the National Technology Assessment Workshop on
Animal Assisted Programs for Youth At Risk
December 6 & 7, 2007
Baltimore, MD**

TABLE OF CONTENTS

| | |
|--|----|
| Introduction..... | 1 |
| Workshop Participants..... | 3 |
| Summaries of Presentations | 5 |
| Welcome and Opening Remarks..... | 5 |
| Andrew Rowan, Ph.D., | |
| Evaluating Youth Violence Prevention Programs | 7 |
| A Public Health Paradigm for Youth Violence: Risk Factors and Protective Factors..... | 7 |
| Philip Leaf, Ph.D. | |
| The State of Evaluation in Youth Violence Prevention..... | 9 |
| Freya Sonenstein, Ph.D. | |
| David Altschuler, Ph.D. | |
| Valerie Maholmes, Ph.D. | |
| Allan Cohen, Ph.D. | |
| Sara Hassan, MHS | |
| Critical Issues in Evaluating and Establishing the Effectiveness of Animal-Assisted Interventions | 15 |
| Alan Kazdin, Ph.D. | |
| Research on Animal Assisted Interventions for Youth At Risk: Theories, Best Evidence, and Challenges..... | 23 |
| Theoretical Framework for Animal Assisted Interventions As Violence Prevention Strategy | 23 |
| Randall Lockwood, Ph.D. | |

| | |
|--|----|
| Best Evidence for Animal Assisted Interventions in Adolescent Mental Health | 25 |
| Katherine A. Kruger, MSW | |
| Challenges in Evaluating Outcomes in Animal Assisted Interventions | 26 |
| Barbara Boat, Ph.D. | |
| Funding Evaluation of Animal Assisted Interventions | 27 |
| Mary Lou Randour, Ph.D. | |
| New Data on Animal Assisted Programs | 29 |
| Perspectives of Youth in Animal-Centered Correctional Vocational Program: A Qualitative Evaluation of Project Pooch | 29 |
| Kate Davis, MSW | |
| Staff Perspectives on Animal Assisted Interventions for Youth At Risk | 30 |
| Avril Lindsay, LCSW, CGP | |
| Mechanisms of Change | 30 |
| Arnold Arluke, Ph.D. | |
| The Impact of Animal Visitation in an In-Class | 38 |
| Humane Education Program Kate Nicoll, MSW | |
| Open Forum Research Discussion: Promising Research Directions | 39 |
| Future Directions for Evaluation and Practice of Animal Assisted Interventions | 47 |
| Challenges in Researching Animal Assisted Activities: Is the Tail Wagging the Dog? | 47 |
| Steven Klee, Ph.D. Jay Davidowitz, Ph.D. | |
| Bridging Clinical Practice and Research in Animal Assisted Interventions | 48 |
| Aubrey Fine, Ph.D. | |

| | |
|--|----|
| Future Directions in Outcome Evaluation for Animal Assisted Programs for Youth-At-Risk..... | 49 |
| Martha-Elin Blomquist, Ph.D. | |
| Best Practices Discussion Groups | 51 |
| Evaluation and Research | 51 |
| Building Support: Community Partnerships, Funding, and Public Awareness | 52 |
| Program Content and Participants | 53 |
| Program Management and Training | 54 |
| Expert Group Meeting Overview | 61 |
| Action Steps | 65 |

APPENDICES

| | |
|--|-----|
| APPENDIX A | 69 |
| List of Conference Participants | |
| APPENDIX B | 83 |
| List of Organizations Represented at National Technology Assessment Workshop for Animal Assisted Programs for Youth At Risk | |
| APPENDIX C..... | 85 |
| Conference Program | |
| APPENDIX D..... | 89 |
| Current and Best Practices Survey of Dog Training Programs Jennifer Jackman, Ph.D., Humane Society of the United States | |
| APPENDIX E | 149 |
| Opening Remarks Andrew Rowan, Ph.D., Executive Vice President for Operations, Humane Society of the United States | |

| | |
|---|-----|
| APPENDIX F | 152 |
| A Public Health Paradigm for Youth Violence: Risk Factors and Protective Factors | |
| Philip Leaf, Ph.D., Director, Center for Prevention of Youth Violence, Johns Hopkins Bloomberg School of Public Health | |
| APPENDIX G..... | 158 |
| The State of Evaluation in Youth Violence Prevention | |
| Freya Sonenstein, Ph.D., Director, Center for Adolescent Health, Johns Hopkins Bloomberg School of Public Health | |
| APPENDIX H..... | 162 |
| The State of Evaluation in Youth Violence Prevention | |
| Valerie Maholmes, Ph.D., CAS, Social and Affective Development/Child Maltreatment and Violence, National Institute of Child Health and Human Development | |
| APPENDIX I | 166 |
| Theoretical Framework for Animal Assisted Interventions As Violence Prevention Strategy | |
| Randall Lockwood, Ph.D., Senior Vice President for Anti-Cruelty Initiatives and Legislative Services, ASPCA | |
| APPENDIX J..... | 181 |
| Best Evidence for Animal Assisted Interventions in Adolescent Mental Health | |
| Katherine A. Kruger, MSW, Assistant Director, Center for the Interaction of Animals and Society Matthew J. Ryan Veterinary Hospital of the University of Pennsylvania | |
| APPENDIX K..... | 185 |
| Challenges in Evaluating Outcomes in Animal Assisted Interventions | |
| Barbara Boat, Ph.D., Associate Professor of Psychiatry, University of Cincinnati | |
| APPENDIX L | 193 |
| Funding Evaluation of Animal Assisted Interventions | |
| Mary Lou Randour, Ph.D., Director, Human-Animal Relations, Education and Outreach, Human Society of the United States | |
| APPENDIX M | 197 |
| Perspectives of Youth in Animal-Centered Correctional Vocational Program: A Qualitative Evaluation of Project Pooch | |
| Kate Davis, MSW, Graduate School of Social Work, Portland State University | |

| | |
|---|-----|
| APPENDIX N..... | 209 |
| Staff Perspectives on Animal Assisted Interventions for Youth At Risk Avril Lindsay, LCSW, CGP, Program Manager, Children’s Village | |
| APPENDIX O..... | 229 |
| The Impact of Animal Visitation in an In-Class Humane Education Program Kate Nicoll, MSW, LCSW, Executive Director, Soul Friends William Samuels , Ph.D. , Director of Research, People, Animals and Nature, Inc. | |
| APPENDIX P..... | 234 |
| Challenges in Researching Animal Assisted Activities: Is the Tail Wagging the Dog? Steven Klee, Ph.D., Associate Executive Director – Clinical and Medical Services, Green Chimneys Jay Davidowitz, Ph.D., Senior Supervising Psychologist, Green Chimneys | |
| APPENDIX Q..... | 237 |
| Bridging Clinical Practice and Research in Animal Assisted Interventions Aubrey Fine, Ph.D., Professor, College of Education and Integrative Studies, California State Polytechnic University | |
| APPENDIX R..... | 245 |
| Future Directions in Outcome Evaluation for Animal Assisted Programs for Youth-At-Risk Martha-Elin Blomquist, Ph.D.. | |
| APPENDIX S..... | 265 |
| Building Support: Community Partnerships, Funding, and Public Awareness | |