



# HUMANE HEROES

HEROES INSPIRE YOU TO WORK HARDER, DO BETTER AND ACHIEVE MORE.  
OUR HEROES ARE OUR VOLUNTEERS, ADVOCATES AND YOU!

- To make national progress for animals, it helps to have local and state victories to build on. Dan Spehar, an HSUS district leader volunteer in Ohio, strengthens protections for animals by developing relationships with federal and state legislators. He relays the humane position on issues and publicly shares his appreciation when they support animals. Dan is also a wonderful resource for other Ohioans, serving as keynote speaker at the 2015 NE Ohio Feral Cat Summit and assisting at our Rethinking the Cat symposium in Columbus. Our district leaders help change the world for animals.
- If you're interested in volunteering with The HSUS, there are many ways to connect with us—from helping animals at our care centers, to serving with our rescue and response teams, to organizing events and grassroots outreach in your community, to pitching in as a district leader or state council member and more.
- Some volunteers devote significant amounts of personal time, using their vacations to help our Animal Rescue Team care for rescued animals. But your commitment doesn't have to be time-consuming. In 2015, HSUS supporters sent millions of messages to decision makers on topics such as horse slaughter, the fur trade, trophy hunting, puppy mills, breed-specific legislation and the extreme confinement of farm animals—proving that animal welfare is a mainstream concern, not a niche issue.
- Faith outreach, veterinary medicine, administrative support: Whatever your specific interest or expertise, you can use what you know to help us protect animals.

---

Learn more about volunteering to help animals at [humanesociety.org/volunteer](https://www.humanesociety.org/volunteer).