Humane Education: An Annotated Bibliography [2011-2019]

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The value of humane educational programs in the relationship with animals, humans, and violence, in general, has been demonstrated. However, a nationwide program has not been established, and most of the interventions around the world are based in programs developed by humane associations, whose success evaluations in general lack of a rigorous methodology. However, few studies with robust methodology support some of these programs. Among these papers, authors concluded that (1) effective short-term courses can vary in length from 30 min to 40 h distributed during one semester; (2) children exposed to these programs generalize animal empathy with human-directed empathy; (3) children between 6 and 13 years of age are able to learn about humane behavior toward animals and humans through role-play, printed materials, and lectures, which have a synergistic effect; (4) short-term humane education programs can be effective and sustainable over the long term; and (5) children's stage of development affects humane learning. This chapter is a review of some of the successful, short-term interventions published in the scientific literature.


Children today spend the majority of their time indoors, watching television, playing video games, and using the computer. As screen time has increased, unstructured playtime in the outdoors has decreased. Louv (Childhood's future, Doubleday, New York, 2005) coined the phrase “nature-deficit disorder” (NDD), referring to the alienation from nature in the lives of today’s wired generation. Not only does the loss of children’s outdoor play and contact with the natural world negatively impact the growth and development of the whole child and their acquisition of knowledge, it also sets the stage for a continuing loss of the natural environment. As educators seek to develop citizens with environmental ethics, in the early childhood years they must first develop children’s love of nature. Likewise, as educators aim to develop citizens who protect animals, teaching children to have affinity for animals, both wildlife and companion animals, is the foundation.


No summary available.


Introduction: This study examined the effect of an animal-assisted humane education course on the knowledge of students about caring for dogs physically and psychologically and making informed decisions about dog ownership, including working dogs. Method: This collaborative action-research study employed case study design to examine the effect of an eight-week animal-assisted humane education course on the knowledge and skills of four secondary students with visual impairments. Two independent raters applied constant comparative analysis for all of the following data sources: pre- and post-intervention interviews, pre- and post-intervention tests, videotaped observations, and field notes. Findings were determined for individual students and the class as a whole. Results: The greatest gains made by students included learning how to greet, feed, play with, obtain, and pay for dogs; they also learned about appropriate equipment and the roles of working dogs. Effective instructional strategies included assessing prior knowledge and experience with dogs, practicing skills, using tactile techniques, using routines and repetition, and correcting misconceptions. Discussion: Findings indicate that although students did not master all of the knowledge and skills taught in the course, they became more knowledgeable about care and ownership of dogs. Limitations of this study are the small sample size and short intervention time. Future research may feature longer intervention periods and make connections between humane education, orientation and mobility, and the core content areas of science and mathematics. Implications for practitioners: Students with visual impairments must be
provided with experiences with different types of working dogs. Ample time should be given to explore equipment and to practice skills that are essential to responsible care and ownership of dogs.

**Caselman, T. (2014). Teaching children empathy, the social emotion: lessons, activities and reproducible worksheets (K-6) that teach how to "step into other's shoes." YouthLight, Inc. ISBN:9871598500141**

Lessons and activities designed to teach students the value of empathy, assist students in recognizing their own and others' feelings, help students put themselves in "someone else's shoes," and instruct students how to exhibit understanding and acceptance.


This book deals with the role of education in improving animal welfare and reducing animal suffering inflicted by humans. It embraces situations in which humans have direct control over animals or interfere directly with them, but it considers also indirect animal suffering resulting from human activities. Education is regarded in the broad sense of creating awareness and facilitating change. First, consideration is given to a number of specific themes in which education can make an important contribution towards reducing animal suffering, and subsequently an examination is made of a number of interrelated contexts in which education can address the various themes.


Introduction: Empathy is associated with engagement, compassion, social support and emotional sensitivity, and it is a hallmark of good social work practice. Empathy rightfully receives much attention in social work practice, however, interspecies empathy has yet to be included. This article has been written to address this gap. Methods: Two main research questions guide our conceptual discussion of young people, interspecies empathy and social work: (1) Why is empathy important to social work with young people?; (2) What can an Australian RSPCA Humane Education Programme (HEP) teach social workers about the benefits of interspecies empathy for young people? After our literature review, we examine our illustrative example, which is an HEP offered mostly to newly arrived refugee and migrant young people living in the outer suburbs of Melbourne, whose prior experiences of and/or attitudes towards animals may not have been positive. Findings: Social workers are wise to prioritise empathy because extensive research has shown that, across a diverse range of fields, modes of practice in and beyond social work, empathic practitioners are more effective, achieving better outcomes with their clients. From the letters the young people sent to the RSPCA Victoria after completing an HEP, we note their self-reported increases in empathy for animals, including those they had previously feared or shunned. Conclusion: There are many potential benefits of recognising, fostering and valuing interspecies empathy through humane education programmes. However, for these to be ethical, care and empathy must be shown towards the wellbeing of the animals involved, not just the human participants.


This chapter examines the values of humane education as a developmental and preventive school guidance programme and recommends the ways to implement humane education under the whole-school approach guidance policy and the framework of a comprehensive guidance programme in Hong Kong. In this chapter, empirical research studies are reviewed to demonstrate the importance of humane education in cultivating kindness, love and empathy in students, and breaking the cycle of violence and abuse. The current implementation of humane education in Hong Kong schools is clearly outlined to show who and what is being done in this area. By utilizing the developmental-contextualism framework, this chapter proposes a future direction for the implementation of a school-based humane education programme in Hong Kong. Specifically, it is recommended to incorporate humane education into kindergarten curricula in a way that is sequentially organized, developmentally appropriate and empirically supported.


This paper is an exploratory effort to find a place for learning analytics in humane education. After distinguishing humane education from training on the basis of the Aristotelian model of intellectual capabilities, and arguing that humane education is distinct by virtue of its interest in cultivating prudence, which is unteachable, an account of three key characteristics of humane education is provided. Appealing to thinkers of the Italian Renaissance, it is argued that ingenium, eloquence, and self-knowledge constitute the what, how, and why of humane education. Lastly, looking to several examples from recent learning analytics literature, it is demonstrated that learning analytics is not only helpful as set of aids for ensuring success in scientific and technical disciplines, but in the humanities as well. In order to function effectively as an aid to humane education, however, learning analytics must be embedded within a context that encourages continuous reflection, responsiveness, and personal responsibility for learning.
This study examined the impact of the Washington Animal Rescue League's (WARL) Humane Education Program (HEP) on 4th grade students. The objective was to develop models for best practices in humane education and to serve as the impetus for future empirical research studies. Of the 59 participants, 47 participants were from the three 4th grade classes that participated in the WARL HEP and thus were in the treatment condition and the 12 participants in the comparison group were from the 4th grade class that did not participate in the WARL HEP. Empathic development was examined by conducting Mann Whitney and Kruskal Wallis tests on the participants’ scores on the Index of Empathy for Children and Adolescents (IECA; Bryant, 1982) and a four item IECA subscale related to the mission of the WARL HEP. Results from the KuderRichardson 20 (KR-20) analysis of reliability conducted on the IECA subscale indicated that the subscale had sufficient reliability (Cronbach’s alpha=.503). A basic interpretive qualitative analysis (Merriam, 2002) utilizing the constant comparative method (Glaser & Strauss, 1967 as cited in Creswell, 2007) was employed to analyze the participants’ journals. The prosocial themes of empathy, reciprocity, justice and fairness that emerged within the qualitative analysis of the participants’ journals coupled with the endorsement of empathic beliefs towards both humans (IECA Item 6: M = .79, SD = .412; IECA Item 14: Mean = .87, SD = .345) and animals (IECA Item 11: M = .98, SD = .139; IECA Item 16: Mean = .87, SD = .345) by almost all participants suggested that the WARL HEP resulted in positive outcomes for the participants and effected the desired outcomes aimed for within the mission of the WARL HEP. The increased knowledge regarding the PREVIEW viii effectiveness of humane education programs will afford more children the help they need through the provision of such programs as well as positively impact the schools and communities in which the children reside.


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Nonhuman animal welfare education aims to promote positive relationships between children and animals and thus improve animal welfare, yet few scientific evaluations of these programs exist. This study aimed to evaluate the effectiveness of an education program developed by the Scottish Society for the Prevention of Cruelty to Animals (SPCA) that included 4 interventions focusing on pets (companion animals), wild animals, farm animals, and general animal rescues. Knowledge, attachment to pets, and attitudes and beliefs about animal minds were assessed at pretest, posttest, and delayed posttest using a questionnaire administered to 1,217 Scottish children aged 7 to 13 years old. Results showed a significant positive impact of the program on knowledge about animals and the Scottish SPCA for all interventions. The pet and farming interventions significantly impacted children’s beliefs about animal minds. There were trends toward improvements in a range of other measures. This study highlights the importance of teaching animal welfare education to children for early prevention of animal cruelty, discusses the need to base this education on theory and research to find effective change, and demonstrates how evidence-based practice can inform future education programs.


Keeping classroom animals is a common practice in many classrooms. Their value for learning is often seen narrowly as the potential to involve children in learning biological science. They also provide opportunities for increased empathy, as well as socio-emotional development. Realization of their potential for enhancing primary children’s learning can be affected by many factors. This paper focuses on teachers’ perceptions of classroom animals, drawing on accounts and reflections provided by 19 participants located in an Australian primary school where each classroom kept an animal. This study aims to progress the conversation about classroom animals, the learning opportunities that they afford, and the issues they present. Phenomenographic analysis of data resulted in five categories of teachers’ perceptions of the affordances and constraints of keeping classroom animals.


An introduction is presented in which the editor discusses various reports within the issue on topics including the nature, current state, and future prospects of the humanities, humane teaching and teacher education, and place of the humanities in educational research.


Student engagement is for the most part driven by three factors, “underlying need for competence, the extent to which students experience membership in the school, and the authenticity” of the task they are given. Animal welfare education and correlated service-learning can address all three of these factors. In addition, for the many students who have traditionally written-off school and school sponsored functions, personal and authentic learning can assist in rebuilding trust in the educational system. Authentic learning built around animal welfare education and animal welfare topics that impact the real world or personal neighborhoods of students encourages brain growth and increased competencies in areas such as kinesthetic, spatial, artistic, and interpersonal in a way that traditional didactic and educator-centered learning does not.

If you knew there was a method you could employ to engage and empower your students and at the same time help them to build safer and more humane communities, would you use it, right? Humane education can provide all those things and more.

Jacobs, G. M. (2016). What Is Humane Education and Why It Should Be Included in Modern Education. Online Submission. PDF

Humane education has existed since at least the 18th century (Unti & DeRosa, 2003). This brief chapter begins with a brief definition of humane education and examples of how it can be incorporated in linguistics, cross cultural studies and foreign language education. Next, the chapter discusses why humane education constitutes an important area for educators and researchers to consider.


Internationally, one of the most pressing issues for early childhood educators is challenging behavior in young children, defined as disruptive, aggressive, and violent behavior that inflicts mental or physical harm to others. Addressing this concern requires teachers and families to support the young child’s budding sense of empathy, which is a major goal of humane education programs. Although most people assume that humane education focuses exclusively on the responsible care of animals, contemporary concepts of humane education are far more expansive and extend to compassion for all living things as well as to guardianship of the earth. This chapter defines humane education and describes the development of empathy, supplies a rationale for integrating humane education concepts into the early childhood curriculum, explains how human-animal interaction can serve as a foundation for teaching compassion in the early years, and recommends strategies and resources that enable educators and families to promote positive outcomes for children.


In response to highly publicized incidents of school violence, educators across the United States and in many other nations are seeking effective ways to prevent and modify aggressive and anti-social behaviors in students. One of the major recommendations of the research is that efforts to prevent cruelty need to begin early, during the early childhood years of birth through age eight. The focus of Teaching Compassion: Humane Education in Early Childhood is guiding young children to accept responsibility for and to be kind in their interactions with fellow human beings, animals and the environment. Although humane education is a relatively new concept in the field of early childhood education, professionals in the field are very familiar with many of the related concepts, including: promoting positive interpersonal interactions, teaching children the skills of self-regulation, giving children experience in caring for living things and protecting the environment. This edited volume is an interdisciplinary compendium of professional wisdom gathered from experts in the fields of education, child development, science, psychology, sociology and humane organizations. As the book amply documents, the concept of humane education is powerful, integrative, timely and appropriate in work with young children. Teaching Compassion: Humane Education in Early Childhood shows how it is possible for adults dedicated to the care and education of young children to balance attention to the cognitive and affective realms and, in so doing, to elevate the overall quality of early childhood programs for children, families and communities.


Visual depictions of animals can alter human perceptions of, emotional responses to, and attitudes toward animals. Our study addressed the potential of a slideshow designed to activate emotional responses to animals to foster feelings of kinship with them. The personal meaning map measured changes in perceptions of animals. The participants were 51 students enrolled at a pre-university college in Montreal, Quebec. Major conceptual themes were developed based on students’ responses on the PMM both pre- and post-slideshow. Ninety-two percent changed their perceptions of ‘Animal’ after viewing the slideshow. Pre-slideshow perceptions of ‘Animal’ were described primarily as Pets/Symbols, Biological/Wild Nature, Commodity/Resource, and Dangerous. After the show, the perceptions shifted to Kinship and Sentence/Individuality, with substantial increases in the depth and emotion associated with responses. Thus, viewing animal portraiture improved feelings of kinship with animals and enhanced perceptions of animal individuality in a classroom setting.


Literature suggests that developing empathy for animals will result in caring toward other living things. Empathy is often seen as a key building block of prosocial behavior and can be defined as sharing of another person’s emotions and feelings. In older childhood and adolescence, a lack of empathy may have deleterious consequences, leading to antisocial behaviors. However, children and
adolescents who exhibit human and non-human animal aggression have often been witness to animal cruelty in the home. When empathy and prosocial behaviors are not learned in the home, there are alternatives to facilitate that process. This study discusses the development of empathy and prosocial behavior by working with animals through the modalities of humane education, restorative justice, and animal-assisted programs. Each modality focuses on building compassion, caring, responsibility, and kindness with the help of animals. Through these violence prevention programs, children and adolescents can develop empathy, which will decrease the likelihood of future aggression.


Children are future consumers; they will impact future animal welfare standards. This pilot study evaluated a nonhuman animal welfare education program, building a farm animal attitude questionnaire for 8- to 10-year-old children. The educational material focused on the behaviors and needs of cows, chickens, and pigs. Knowledge acquisition and attitude change were measured before and after the intervention for children in the intervention group and at a 2-week interval for children in the control group. Reliability of the attitude scale was measured by correlating the answers from the control group at two different time points. Eleven items were significantly correlated at the time points, indicating that those questions were reliably testing children's views on these items. The educational intervention was successful in increasing children's knowledge of farm animals and resulted in some changes in attitudes. The type of favorite animal reported shifted to more farm animals after the intervention.


Poverty, understood as basic capability deprivation, can only be solved through a process of expanding the freedoms that people value and have reason to value. This process can only begin if the capability to imagine and aspire for an alternative lifestyle worthy of human dignity is cultivated by an education program that develops both the capability to reason and to value. These two facets play a major role in the creative exercise of human agency. This program of humane education can only come from an adequate description of the human agent as a persona that seeks to actualize itself based on his/her understanding of the good. Education must therefore seek to cultivate the capability to have an adequate conception of the good (normative) as well as the capability to constantly re-evaluate one’s conception of the good (evaluative) in order to freely and reasonably choose a life that one values and has reason to value. Education must therefore entail not merely the development of skills nor specialization in a particular field but must concentrate on the integration of the human person as a whole which leads to self-creative praxis.


This chapter explores the alignment of science education for young children and the principles of humane education. This connection is illustrated through descriptions of inquiry-based projects focusing on various animals and classroom accounts of the early science curriculum. In addition, it reviews the literature on young learners’ enhanced dispositions toward science and development of empathy as they investigate the natural-world through the study of animals and learn to become guardians of the earth.


What is the purpose of education? My parents used to talk about the Three Rs: Reading, Writing and ‘rithmetic’. Now I am a parent I would be most annoyed if I felt my children were not being taught these things while they are at school. If I were an employer I would be disappointed if the only staff available to me were illiterate.


Across cultures, people show affinity to nature, but today’s children have little contact to develop a strong bond. Children’s ways of knowing differ from the abstract, logical ways of adults, focusing instead on sensory and emotional perceptions. Children need to develop a love for nature through unstructured access to natural areas before learning about endangered species. Many factors affect human attitudes toward organisms: media portrayal, physical and behavioral attributes, genetic closeness to humans, cultural and religious factors, and perceived danger. Learning about local fauna and flora can influence preferences from charismatic species to appreciating more modest local organisms. Familiar animals are generally valued with education affecting these attitudes. Humane education programs of several approaches (curriculum-blended, literature-focused, and animal project-based) abound, but their efficacy has not been well documented in the literature. A recent humane education program by the authors is discussed along with examples of animal poetry that the author developed for use with first and second grade students.
Humane education is a long-standing field of education that endeavors to nurture kindness, compassion, and concern for nonhuman animals, people, and the environment. Despite its long history, however, few randomized control studies have evaluated its effectiveness to promote the development of relevant outcomes. The current study sought to address this dearth by investigating the effects of a humane education program on not only participating students’ attitudes, but also their behaviors. Classes of under-served, fourth-grade students in two major US cities were randomly assigned to participate in either a school-based humane education program or a chess club (the control group); all students participated in their respective activity during the same period once a week for 11 weeks. Data were collected on the attitudes (n = 236) and behaviors (n = 167) of participating students exactly one week before and exactly one week after these programs were conducted. Students self-reported their attitudes about the treatment of animals and the environment via the Intermediate Attitude Scale. Teachers rated each students’ prosocial and disruptive behaviors through subscales of the Teacher Observation of Classroom Adaptation– Checklist. Nested multilevel models of change found that the development of prosocial behaviors and self-reported attitudes significantly interacted with group assignment. Students who participated in the humane education program showed stronger growth in both of these outcomes compared with students in the control group. Changes in disruptive behaviors, however, were not found to differ between groups. The results support the effectiveness of a humane education program to teach a relatively large and diverse group of upper elementary students to learn about animal welfare issues and to improve their prosocial behaviors. Effects appeared strongest on attitudes; behavioral effects were found to be largely limited to behaviors directly addressed by the humane education program.


The article focuses on the benefits of undergraduate action research in humane education. It discusses the benefits of action research which include knowledge base development, professional development, and strengthening collegial efforts. Also mentioned are the educational or career advancement, humane education programs to children, and way to help students improve their communities through interdisciplinary research collaboration.


Young children are inquisitive about their environment. Humane education has the potential to create various learning opportunities to expand children’s understanding and skills for becoming responsible citizens of the globe. The infusion of humane education values into curriculum should occur every day. Therefore, early childhood teachers should incorporate humane education in lessons across the curriculum. Nevertheless, teachers need experience and preparation for this task. In the field of teacher preparation, courses on humane education can create opportunities for preservice teachers to construct knowledge, skills, and attitudes for shaping young children’s mind about the environment. This chapter proposes an argument for the infusion of humane education courses within teacher preparation. The theoretical framework emerges from a review of research on school-based humane education programs and on humane education courses at the university level. Subsequently, a project that piloted infused multidisciplinary humane education courses into teacher preparation is described, followed by the recommendations for early childhood teacher educators.


This study evaluated the impact of children’s participation in a five-day humane education summer-camp program on the quality of their relationships with and treatment of companion animals. We measured changes from pre- to post-program in 77 children (50 girls, 27 boys) aged 6–12 years. The program promoted positive interactions between children and animals in natural settings, with a focus on either companion animals or farm/forest animals. The Companion Animal Bonding Scale, the Pet Friendship Scale, the Comfort from Companion Animal Scale, the Children’s Treatment of Animal Questionnaire, and a drawing task were administered to children prior to the beginning of the camp on day one and again at the end of day five. Overall, the results showed that after five days of humane education in summer camp, children reported sharing significantly closer bonds and friendships with their companion animals. These results were more pronounced for girls versus boys, among younger (aged 6 to 8 years) versus older (aged 9 to 12 years) children, and among children receiving the companion-animal versus farm/forest-animal curriculum. Older boys reported significantly lower scores on the humane treatment of their companion animals, compared with younger boys, and both older and younger girls. Comparisons by type of curriculum also suggested that the humane education curriculum that focused on farm/forest animals resonated more with the girls versus the boys. The implications for camp- and classroom- based humane education programs are discussed.
Debate continues about what should shape and inform teaching and teacher education programs. In the age of globalization, considerations related to global competence, awareness, and community can no longer be ignored. Humane education, a newer and lesser-known area, addresses these considerations; its vision is such that every institute of learning should offer humane education to its students to prepare them to be contributing global citizens. It is time for theories and research to address cognitive, academic, affective, and global aspects. This article discusses humane education as a new paradigm for teacher education in the context of globalization.


Vietnam is a member state of the “Han scripts Cultural Circle” which enjoys a long traditional culture shaped under the combination of local cultural foundation (internally) and many external cultural influences mainly from China, India, and the Western world. Among the imported factors, Confucianism is the most important source helping to shape the national traditional identity. The basic differences in nature between Vietnamese local culture and Confucianism have created various complicated but interesting happenings in Vietnamese history. In general, these two factors started in dispute, and gradually moved to accept and complement each other in order to co-exist and mutually integrate. This historical trend has contributed to the appearance of traditional cultural characteristics of Vietnam used to be called “the nation of civilization”, Vietnam attaches special importance to talents and to educating talents. Therefore, Vietnam’s states over the historical periods have had policies to promote study and finance, using the contemporary ideology as a template for character and lifestyle education. That sense was ingrained in Vietnamese people’s consciousness, partly regulating the awareness about future life as well as civic roles and responsibility in society. In the newly-claimed and exploited Southern Vietnam, people are still conscious of a classic humane education with two main objects, including educating moral personalities and training talents helpful for the nation. In this modern society, with many major changes in all aspects, the consciousness of building a suitable and effective humane education urges ones to think, to discuss, and seek a best pattern which both inherits the past traditions and associates with the present situation as well as ensuring all three educational goals, consisting of knowledge, skills, and attitudes (i.e. covering three categories of intelligence, talent, and virtue). This article, from the cultural historical perspective of Vietnam’s education, is going to analyze the Confucian cultural characteristics of Vietnam and their impact on the humane educating traditions in Vietnam. I will consider it as a foundation and motivation to discuss the factors that may affect the process of building a modern and efficient education in Vietnam.


Humane education (HE) is a specialized niche in higher education and adult learning. HE provides a curricular framework positioning environmental ethics, animal protection, human rights, media literacy, culture, and change processes as the nexus for understanding and inspiring social change. Research-derived experiences illuminating how educators conceptualize and implement HE in U.S. schools are absent from the scholarly literature. Facing this gap, practitioners and administrators of HE programs cannot access nor apply research-derived practices to inform instruction. To address this gap, a conceptual framework was advanced weaving together HE teaching experience, Freirean philosophy, hyphenated selves, reflection-in-action, transformative learning, and transformative education to explore and understand what it means to be a practitioner teaching through the lens of HE in U.S. primary, secondary, and post secondary classrooms. A qualitative, multi case study was designed wherein purposeful and maximum variation sampling resulted in the recruitment of 9 practitioners working in Kindergarten to post secondary contexts. Eight practitioners were alumni of HE programming, and 1 practitioner engaged self-study of HE pedagogy. Each bounded system included the HE practitioner, his or her classroom context, and local school community. Interviews, document review, within-case analysis, and cross-case analysis resulted in key themes illuminating the need to design a comprehensive system of field-based learning and ongoing professional support to benefit HE practitioners. A policy recommendation is provided to shape programming, policy development, and resource allocation to improve and sustain HE as a field of study and professional practice.


The Transformational Humane Education (THE) IRB approved project promoted compassion and encouraged responsibility among middle and high school students enrolled in an alternative school. Interdisciplinary collaboration between the department of undergraduate social work and department of criminal justice, faculty and students, the alternative school staff (the principal, behavioral counselors, and teachers) conducted four humane education sessions, with the goal of helping highly at risk youth process and make ethical and humane decisions through working with animals. Each session was conducted with the entire student body. All students completed a pre/post-test. Conclusion: Humane education enables students to find workable solutions for a healthy, just society.